

City of Rolling Fields

Fall 2019

ISSUE SEVENTEEN

MAYOR'S LETTER

Dear Rolling Fields neighbors,

Once again this fall we will be promoting our tree program in Rolling Fields where we will offer to split the cost of the planting a new, slow growth, large canopy tree to be planted in your yard within 18 feet of the roadway. Similar to what is being done with our neighbors in Indian Hills, this is an effort to revitalize our neighborhood to create a park-like effect with a tree canopy to replace trees that we have lost due to disease or the 1974 tornado. Stay tuned for more details from the commission on how you can participate in this program. Funds and trees are limited.

Secondly, please watch out for pedestrians and cyclists in Rolling Fields. They have as much right to the roadway

as automobiles so please watch your speed and be kind to your neighbors.

Finally, a reminder that commercial contracting is not allowed in Rolling Fields on the weekends. Regrettably, the commission will be enforcing the ordinance by fining residents who violate it, so please be mindful of this important rule that was put in place to keep noise and traffic flow to a minimum on weekends.

Thank you for your consideration.

Feel free to reach me with any questions or concerns about Rolling Fields.

Mayor David Dunn

ROLLING FIELDS CITY OFFICIALS

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The Rolling Fields Commission meets the second Thursday of each month at 6:30pm at 2nd Presbyterian Church. All are welcome.

ELECTION DAY

NOVEMBER 5TH

RESIDENTS OF ROLLING FIELDS
WE ARE IN DISTRICT 7

YOUR VOTING LOCATION IS:

CHENOWETH ELEMENTARY SCHOOL

3622 Brownsboro Rd
Louisville, KY 40207

Voting Hours: 6am to 6pm

Rolling Fields has a sign ordinance that states no yard signage with the following exceptions:

Political – allowable 30 days prior to an election and must be removed within 2 days after an election.

ROLLING FIELDS NEWSLETTER COMMITTEE

Committee Members

Eunice Blocker **Susan Simpson**
Michelle Feger **Patty West**
Ursula Melhuish **Laura Johnson**
Kathy Oyler **Suzi Graven**
Abby Scherer **Caroline Low**

Rachel Schrepferman

Contact RFnewsletter40207@gmail.com for ideas, comments or to volunteer

Many thanks to the Rolling Fields Newsletter Committee for researching, writing, editing and proofreading this issue. Maybe you'd like to join the group or have an article for the next issue, let us know!

COP'S CORNER



Chief Kelly Spratt
of the Indian Hills Police Department

THEFTS FROM UNLOCKED VEHICLES



The Indian Hills Police Department has seen a recent increase in thefts from unlocked vehicles in

Rolling Fields and Indian Hills. This type of crime is widespread throughout Jefferson County and is being perpetrated by several different individuals and groups. Our officers patrol the cities 24 hours a day - overnight shift's primary focus is to observe for suspicious subjects and vehicles. Several steps can be taken in an attempt to prevent these crimes (flood lights, outdoor cameras, use of garages), but the simplest (and free) steps can be the most effective – ALWAYS remove valuable from your vehicles (including keys) and ALWAYS lock your doors.

Please report any suspicious activity by immediately calling our Dispatch at 893-2677.

HERO'S PLAN AND PRACTICE

The St. Matthews Fire & Rescue has announced ***"Not Every Hero Wears a Cape. Plan and Practice Your Escape!"*** as the theme for Fire Prevention 2019. This year's campaign recognizes the everyday people who motivate their households to develop and practice a home fire escape plan; these seemingly basic behaviors can have life-saving impact.

This year's campaign works to celebrate people of all ages who learn about home fire escape planning and practice, bring that information home, and spur their families to action. From young students who learn about the campaign at school to parents who attend a community event like a fire station open house - all of them truly are heroes because they're taking steps to make their households much, much safer from fire.

Not Every Hero Wears a Cape. Plan and Practice Your Escape! also focuses on what a home escape plan entails and the value of practicing it. These messages are more important than ever, particularly because today's homes burn faster

than ever. Synthetic fibers used in modern home furnishings, along with the fact that newer homes tend to be built with more open spaces and unprotected lightweight construction, are contributing factors to the increased burn rate.

People tend to underestimate their risk to fire, particularly at home. That over-confidence lends itself to a complacency toward home escape planning and practice. In a fire situation, we've seen time and again that advance planning can make a potentially life-saving difference.

A home escape plan includes working smoke alarms on every level of the home, in every bedroom, and near all sleeping areas. It also includes two ways out of every room, usually a door and a window, with a clear path to an outside meeting place (like a tree, light pole or mailbox) that's a safe distance from the home. Home escape plans should be practiced twice a year by all members of the household.

Stuart Monohan Assistant Fire Chief



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HOW TO BE A GREAT NEIGHBOR

INTRODUCE YOURSELF Whether you're new or a new neighbor moves in, introduce yourself. If you're new, ask about the area. If they're new, offer them tips like which coffee shop is best and which baristas always spell your name incorrectly.

BE CONSIDERATE Get to know your neighbors' lifestyles. If you know they work at nights, make an effort to be quieter during the day. If you play the bagpipes, warn your neighbors in advance and ask when they are open to hearing you practice. (never?)

BEWARE OF SHARED BOUNDARIES If possible, don't place your TV and surround sound speakers with super bass along a shared boundary.

BE A GOOD DOG OWNER Keep your dog on a leash when taking it out and pick up after Fido. Ask your vet or hire a dog whisperer to control a noisy dog because we want everyone to love Fido as much as we do.

PRACTICE PARKING ETIQUETTE When you park your vehicle, be sure not to block anyone's access to their own car. Avoid shining your headlights into someone's windows or slamming your car doors late at night. Don't leave your car parked on the street overnight.

PARTY ALERTS Let your neighbors (beside and across the street from you) know well in advance that you're throwing a party. Leave them your phone number so they can call you if it gets too loud or why not invite them too?

STAY TIDY Keep the area by your front door, your patio, and your house clean so it doesn't attract critters and creepy crawlies. If you have pest issues, it may spread to your neighbors' house.

THE GOLDEN RULE When in doubt, always remember the Golden Rule, "Do unto others as you want done unto you."

WELCOME NEW NEIGHBORS



Jackson and Liz Andrews have moved onto Swing Lane! They have Jack (7) and Catherine (6). They are excited to be in the same neighborhood as their family and friends!



Matt and Jennifer McDevitt and their three children, Ridge (9), Palmer (7) and Lainey (4) moved to Crocus Lane in July. They are natives of Louisville and have lived in Saint Matthews for 15 years. They moved to Rolling Fields so their children would be able to grow up in a neighborhood. They love it here and look forward to getting to know everyone!



The Ellis family has bought a house on 3720 Crocus Lane. They moved from Memphis, TN, late this summer. Tyler practices colorectal surgery and is associated with the University of Louisville. Meredith is an "At home parent" who practices law with a pharmaceutical company. She enjoys yoga when she gets a break. Tyler is into bike riding. Pierce, their son. Celebrated his 4th birthday in his new home. He is attending the Montessori School of Louisville. The family has been busy relandscaping their front yard and meeting the Morgans and the McDevitts, their next door neighbors. When you are biking or walking, take a short detour down Crocus Lane and check out the activity!



John & Diana Hoagland and their two little girls, Claire and Charlotte, moved onto Fairway Lane in July. They are so thrilled to be part of the Rolling Fields family!



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**TRICK OR TREAT
HALLOWEEN NIGHT
OCTOBER 31ST
5:00 p.m.**

CANE STATION CEMETERY

Please join your neighbors for the perfect meeting place before trick or treating!

Bring a refreshment (or two), catch up with neighbors and take pictures!

No food will be provided

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**Premier
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CHEF'S CORNER

Tailgating Appetizers

Fall Favorites

THE MASTERS PIMENTO CHEESE

¼ cup cream cheese, room temp.
½ cup mayonnaise
½ cup sour cream
¼ tsp garlic salt
2 cups shredded sharp cheddar cheese
½ cup shredded parmesan cheese
½ cup diced pimentos

Whip cream cheese until smooth. Add in mayo, sour cream, and garlic salt. Whip until smooth. Stir in remaining ingredients. Cover and refrigerate 30 minutes, or until ready to serve.

Serve with pretzels, crackers or veggies!

DILL PICKLE DIP

1 8 oz. package cream cheese – softened
1/3 cup diced red onion
¼ cup pickle juice
2 teaspoons finely chopped garlic
1 teaspoon old bay seasoning
1 teaspoon coarse ground pepper
2 cups diced dill pickles

In a large bowl add cream cheese, red onion, pickle juice, garlic, old bay and pepper. Combine with hand mixer. Add pickles and continue mixing until fully combined. Refrigerate at least 3 hours and up to three days before serving. Serve with pretzels or crackers!

CORN SALSA

2 cans shoepeg corn (drain)
1 can mexi corn (drain)
1 can rotel (don't drain)
3 or 4 green onions chopped
juice of 1 lime
1/3 cup fresh cilantro chopped
1/3 cup mayonnaise
1/3 cup sour cream
1 Tbsp chili powder
1 Tsp ground cumin

Mix the shoepeg corn, mexi corn, rotel and chopped green onions all together in a bowl. In a separate bowl combine the mayo, sour cream, chili powder and ground cumin and mix well. Pour this over the corn mixture. Mix well and add the fresh cilantro. Mix again. Refrigerate before serving. Serve with tortilla chips, fritos, veggies or whatever sounds good!

AUTUMN CHOPPED SALAD

6 to 8 cups chopped romaine lettuce
2 medium pears, chopped
1 cup dried cranberries
1 cup chopped pecans
8 slices thick-cut bacon, crisp-cooked crumbled
Feta cheese, crumbled
Poppy seed salad dressing
Balsamic vinaigrette

On a large platter, combine the lettuce, pears, cranberries, pecans, bacon and feta. Drizzle generously with poppy seed dressing, followed by some of the balsamic vinaigrette. About a cup of dressing. 70% poppy seed 30% balsamic.

WILD RICE SOUP

From: Peggy Karman

6 Tbsp butter
1 Tbsp onion chopped fine
1/2 cup flour
3 cups chicken broth
2 cups cooked wild rice
1/3 cup diced ham
1/2 cup finely shredded carrots (I get a bag of matchstick shredded carrots and chop them)
3 Tbsp chopped slivered almonds
1/2 tsp salt
1/2 cup half & half (can substitute 12 oz. evaporated skim milk for lower fat)
snipped fresh parsley or chives

Melt butter in saucepan; saute onion until tender. Blend in flour; gradually stir in broth. Cook over medium heat stirring constantly until mixture comes to a boil; boil and stir 1 minute. Stir in cooked wild rice, ham, carrots, almonds, and salt; simmer about 5 minutes. Blend in half-n-half; heat to serving temperature. Garnish with parsley and enjoy!

EASY PUMPKIN MUFFINS

1 Box spice cake mix
1 15 oz can pumpkin
1/3 cup water

Mix all ingredients well.
Preheat oven 325 and bake for 18-22 minutes.

We would love your recipes! If you would like to share some of your favorite recipes please send them to abbyscherer@gmail.com so we can add them to our next newsletter. Your name does not have to be attached to the recipe if you do not want it to.

RECYCLING



Reminder that under Rolling Fields' contract with Waste management your weekly garbage and recycling pick up/ removal is covered by your property taxes. You should not receive any invoice from Waste Management for such services.

PSA

Did you know plastic bags can shut down an entire recycling plant? Recycle only bottles, cans, paper, cardboard & empty plastics numbers 1-7. Keep foods and liquids out. Do not put your recycling in plastic garbage bags instead use paper bags or just put them straight in the bin. Plastic garbage bags are NOT recyclable. All grocery bags can be returned to any grocery store."



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BABYSITTERS WE LOVE



•Eliza (15) and Molly Louise (12) on Tiffany Lane. Red Cross certified.

Contact eadenley@gmail.com

•Alene Hanson (18) on Club Lane. Looking for a summer gig. Contact joycephanson@gmail.com

ROLLING FIELDS WEBSITE

If you haven't already done so, please take a moment to register your contact information on

City of Rolling Fields

Let the website work for you- Click on the upper right to complete your profile!



Welcome to Rolling Fields website!

Welcome to the City of Rolling Fields website.

Please make sure to "log-in" or "register" by clicking in the upper right side of the website. You will have access to the entire site, as well as electronic critical/non-critical communications from the City.

The website is a tool for many useful tasks such as....

- Register to receive urgent text alerts or eMails on updates from Rolling Fields.
- Access to the neighborhood

the Rolling Fields website: www.rollingfields.org
Once we have a critical mass of registered residents, the RF Commissioners will use the information to communicate with all residents. Additionally, all registered residents can find contact information for each other on the website.